



This workshop not only addresses the questions you have as parents, it also encourages you in your own relationships with others.

Our workshops are fun, interactive, and practical – participants will walk away with skills they can use right away.

### Session topics

- Motivating your child to be responsible
  - Gaining control through choices
  - Enjoying your role as a parent
- Modeling good communication skills

## **Presented by:**



# **PARENT POWER**

## **Modeling Healthy Relationships**

- Healthy Communication
- Feeling confident as a parent
- Based on Love and Logic

**When:** Tuesdays - January 8, 15, 22, 29

**Workshop from 6:00-8:00pm**

**Where:** Bilquist Elementary: 15708 SE Webster Road, Milwaukie

**This is a Free 4 week class with childcare provided**

**Register online - [www.lastingrelationships.org](http://www.lastingrelationships.org) or call 503-546-6377**

